

Rose Park Community Childcare

Newsletter

Term 2 2021

Kylie recently penned the following for Earth Week....



We, at Rose Park Community Childcare are proud of our sustainability plans and procedures and wish to continue to grow in this area wherever we can for a sustainable future.



While RPCC endeavors to maintain a high level of sustainable practices in many ways, it left educators wondering if there is more that

we, as a service, could be doing on a larger scale. As part of the under 2 discussions in regards to Earth week, educators decided that we could contribute to the reduction of carbon emissions, through the food we eat. This is known as a "foodprint".

'A "foodprint" measures the environmental impacts associated with the growing, producing, transporting and storing of our food – from the natural resources consumed to the pollution produced to the greenhouse gases emitted' www.earthday.org

After a discussion with Kimmie, RPCC kitchen manager, it was decided that we could reduce our carbon "foodprint", through having a meat free day, once a week.

According to animal agriculture scientists, it is estimated that all agriculture is responsible for approximately a quarter of all global

anthropogenic greenhouse gas emissions (source: earth day.org). Therefore, creating an awareness of the use of meat at our service, is how we can contribute to reducing our "foodprint", on the environment. Change takes time! Initially Kimmie will organise a meat free day, once a fortnight, offering nutritionally balanced vegan and vegetarian meals, and the other week it will be a fish-based meal for lunch and vegetarian based morning and afternoon teas.

Implementing this small but meaningful change, contributes to the center's strategic plan in relation to objectives 2.3 Embed sustainable practices and objective 3.4 Promote sustainability to the local and wider community.

If you would like to discuss further, please talk to the educators. Your input is valuable, additionally if you have any vegetarian recipes you would like to share with Kimmie, that can be made in bulk and are economically sustainable (affordable), then please don't hesitate to share them. "Small steps for sustainable awareness and change, benefit the environmental future for our little ones."

On Friday 30th April we had our first meat free day, the children helped make their own lunch of a vegetarian quiche. The day of the week that this occurs will vary. We look forward to having our next meat free day to help reduce our 'foodprint'.



We would like to acknowledge all our Mothers, Grandmothers, special female role models, and those that may have lost a significant female role model in their lives. 'Happy Mother's Day' to you all. We hope you had a wonderful day. Thanks to all who donated items for our Mother's Day Raffle and congratulations to our 4 winners! We raised over \$200.

Social and Fundraising Activities

It was wonderful to see so many families at the Picnic in the Park on Saturday 17th April. Here are the next few events that the social and fundraising committee are organising:



| | |
|-----------------------------------|--------------------------|
| Tuesday 15 th June | PJ and Crazy Hair Day |
| Wednesday 21 st July | Parent Information Night |
| Wednesday 25 th August | Art Exhibition |

Watch out for more information regarding these activities over the next couple of months! If you would like to be involved in our Social Inclusion Committee, please speak to Sarah in the office.



As per our SunSmart policy, children and educators are required to wear hats and sunscreen from the beginning of August through to the end of April.

According to our policy, the children are no longer required to wear hats or sunscreen for the most part (still dependant on the UV levels). Could you please let educators in your child's rooms know if you would like us to continue to encourage your child to wear a hat or if you wish them to wear sunscreen throughout the year?

Wet Weather

We are well and truly into the colder months. Could you please make sure your child has weather appropriate clothes with them each day, and please pack enough spares for changes. We also welcome you to bring in rubber boots, beanies, and jackets to wear outside.



Our Wet Weather Onesie orders have arrived. If you still have Onesies for your child from last year, we encourage you to bring them in. If you missed out on ordering one through us, you can go on to the Nature Play SA website and look under 'shop' to purchase.

Immunisation

Thank you to all that continue to forward us your child's Immunisation History Statement after they have had an update of their scheduled immunisations.

We are required by law to have up to date records of each child's immunisation status, which can only be in the form of their History Statement. You can access this on your MyGov account. If you fail to do this, you will automatically receive an email from our booking and billing system saying that you have not supplied this to us.

Once you have forwarded it to us, we can enter in the updates.

We keep our own records of who is due when and we may also email individually. If they are not received within a couple of months of when the immunisation is due, your Child Care Subsidy may be suspended until the Statement is entered. Children who are not immunised are **not able** to attend any childcare facility.

Scheduled immunisations are due at 2, 4, 6, 12 and 18 months of age, then again between 3 and a half years and 4 and a half years of age.

See SA Health website for more details.

<https://www.sahealth.sa.gov.au/wps/wcm/connect/public/content/sa+health+internet/conditions/immunisation/immunisation+programs/childhood+immunisation+program/childhood+immunisation+program>



Name:

Maggie

Role at RPCC:

Early Childhood Teacher in the Kangaroos

Who lives at your house?

My husband and I

Favourite TV show / movie:

Stand Up Talk Shows

Current favourite Album/ Artist / Band:

Taylor Swift

Likes:

Going out into nature, hanging out with friends, watching TV and reading

Dislikes:

Big noises

Favourite part of my job:

Growing with the children

If I won a million Dollars:

Travel around the world



Name:

Payel

Role at RPCC:

Educator working in all the rooms.

Who lives at your house?

My husband Joy, my daughter Aanya and our family dog Indy.

Favourite TV show / movie:

The Good Doctor, MasterChef and some of the series and movies on Netflix and Amazon Prime.

Current favourite Album/ Artist / Band:

Love all genres of music, anything that soothes my mind.

Likes:

Socialising with people, going on long drives and spending time with family.

Dislikes:

Hypocrisy, negativity, people faking emotions and breaking trust.

Favourite part of my job:

Interacting and playing with children. Children running up to me, calling me by name and giving me hugs.

If I won a million Dollars:

Pay off our mortgage and make some future investments for my family.

News from the rooms.....

Babies

Welcome to all of our new families 😊
We have been focusing on children's social and emotional wellbeing, as beginning of childcare can heighten children's insecurities, fear and sense of trust. "In early childhood settings, children develop a sense of belonging when they feel accepted, develop attachments and trust those that care for them. As children are developing their sense of identity, they explore different aspects of it (physical, social, emotional, spiritual, cognitive), through their play and their relationships." (EYLF pg 20). Respectful partnerships are established when children have their visits prior to their first 'official day'. It allows educators to get to know families – their beliefs, cultures and routines. (NQA 6 Collaborative Partnerships with Families). There is nothing more important than forming connections and building trust with educators., The Under 2's educators are responsive to each individual child's needs. Providing a calm, positive, warm, caring and nurturing environment in order for each child to feel secure. Secure attachments provide children with a sense of belonging and security assists with regulating children's emotions and is the strong foundation provided for children to explore. We often refer to Theorist, Erik Erikson, Trust vs Mistrust – secure attachment (signs when a child trusts their caregiver). Insecure attachment (wariness of strangers and has formed a fear of being separated from their caregiver). Children rely on us for their social and emotional wellbeing, observing the way we respond to them. An emotional bond forms over time as children's individual needs are met, building trust.



Signs of anxious and insecure attachments can show children as being distressed when you

leave; angry; needing constant reassurance

throughout the day; overwhelmed; seeking and not leaving their 'special person'; needing help to co regulate; not wanting to play. Educators support both children and families through these big emotions, building children's trust and confidence, sense of wellbeing, to become capable and confident learners.

As always, you are welcome to talk to us about your child and feel free to call during the day to check in to see how they are going.

Em and Chelsea

Toddlers

The Under 2 Family are well into the learning year. Educators have had many meaningful and beautiful conversations with families, that have allowed for the Educational Program to be tailored to both, the individual and group needs of each child in our care.

Recent discussions have been based around home interests. This has been evident in the children's play, as they transfer knowledge of their community and home life into their days at care. The most common thread has been dramatic play. One area that we have facilitated, based on individual interests, has been cooking. Providing learning opportunities through role play and planned cooking experiences with Kim, our Kitchen Manager. Educators intentionally plan provocations (play invitations) based on the knowledge of the child, the family, the Early Years Framework and then tie it all in with the National Quality Framework with this play thread having a particular focus on Quality Area 2, Healthy Lifestyle.



Educators have shared many joyful moments throughout our day, as children explore language and conversation.

Conveying meaning behind their play by verbalising what they are cooking, with "mince" often referenced as the menu favorite. The cooking play took a different direction, as it does with an emergent, child led curriculum, and turned into a cafe.

Children called out to others to come and buy "hot coffee" and "chinos" and incorporated knowledge of currency with the term "pay monies" being referenced when items were being brought from the cafe and "shops". We even had "50 Dollars" mentioned - a very expensive coffee! Keep in mind that these children are all under 2.



The play that educators have seen evolve, has been nothing short of amazing, to witness. Children play together. They form connections and use not only verbal communication, but body language and cues, when words are developing and at times not available. Children respond to others needs in play and are capable of recognising this, modifying their actions to show inclusiveness to others. We see that the children are not just engaging in parallel play as developmentally common for this age group, but are interacting with others, forming their identity and emerging social development.

This is why play is so important. A child can incorporate elements of their home identity into play, connect with others and simply "belong and be" in the moment. It is our role as Early Educators to recognise this and never dismiss the importance that play has in childhood development 😊

Happy learning,
Kylie, Ama and Maddy.

Wallabies

We would like to welcome all our new friends to the Wallaby Room.



It's getting cooler now and would like to remind you to pack warmer clothes.

We will start using the wet weather onesies, so if you still

have them at home, remember to pack them in your child's bag. Also, please bring in some gumboots for your child.

In the next couple of weeks, we will start making our tie dye shirts. If you haven't already brought



in a plain white cotton T-Shirt please do so. The children will learn all about colour mixing and patterns, as well as exploring scientific concepts such as cause and effect. Making these t-shirts will give the children a sense of accomplishment and an open-ended, creative, sense of achievement.

The Wallaby children learnt about Anzac Day recently. The children learnt that it is a day to remember and respect Australian and New Zealanders who served and died in all wars. The children explored poppies through creative art and sensory explorations. They also listened to a recording of the last post and watched a short Anzac Video sharing information on what Anzac Day means.



We made a wreath and then walked down to the local monument and laid the wreath.

We also had one grandfather



who picks up regularly say how touched he was that we recognised the importance of Anzac Day with the children and special mention was made of the children's visit to the monument at his church, which is located across the road.

We have also been exploring sustainability and while walking in our local community we have been picking up litter with tongs. The children looked around the playground and spotted the rubbish on the ground.



Using their fine motor skills and developing their pincer grip (pre-writing skill) with the tongs they picked up the rubbish and placed it into the bin bag.

Children develop concepts and ideas of how to care for nature and our local community through exploration of the world that they live in. We continue to explore our local community through walks and visits to the local kindy and school playgrounds.



Children learn about road safety, spatial awareness and their local community they live in.

We look forward to many more adventures.

We would also love for families to supply us with a family photo, either bring in a copy, or email and we will print it out for display!
Sarah, Tracey, Vic and Jess

Kangaroos

We hope you are keeping warm and safe. Over the past three months, Kangaroos have been enjoying an engaging, adventurous and inspirational educational program. We value all our children's and families' voices and base our whole program on children's interests and their developmental needs.

We extended our program on healthy eating and nutritious meals. Due to the relaxation of Covid restrictions, Kangaroos are once again encouraged to serve themselves. They are involved in daily conversations around healthy lifestyles. With the support of our Kitchen Manager Kim, Kangaroos were able to make their own salad in April.



For most of them, it was their first time to use a knife to cut cucumbers and tomatoes, which was challenging but

exciting. We certainly look forward to more such opportunities.

Actioning on the feedback from our families, educators are now providing a sign-in sheet for the Kangaroos children to practice their name writing as part of their development. With some of the children recently developing a strong interest in drawing, writing and painting, educators also keep a wide variety of utensils for Kangaroos to explore daily. As a new self-developed routine, some of the Kangaroos love to do action songs in the early mornings and late afternoons. *Gummy Bear* is the hit at the moment.

The dinosaur play continues to be one of the most popular experiences that the children enjoy, including dinosaur café, bakery, museum, petrol station, shop and chocolate factory.

On Anzac Day, Kangaroos joined with most of the Centre for a walk to the War Memorial and paid our respects to the people who fell in the First World War. LEST WE FORGET.

We also celebrated Earth Day through participating in Scavenger Hunt activities, discussing everything around how to reduce

pollution and reading books about environmental protection.

For Mother's Day, the Kangaroos put in a huge effort making a surprise present for their loved ones. Relationship building plays a vital role in our educational program. Looking forward to caring for and educating the Kangaroos in the winter months.
Maggie, Rachel and Karilyn.

Limited Spaces

We are currently at capacity Monday through to Thursday mornings and have limited spaces available in the coming months on Monday and Thursday afternoons and Friday full days. We are licenced for 59 children per session and we are not able to exceed this amount. We have current families needing care on Monday through to Thursday. These families have been placed on our internal waitlist. If you need any changes to your current bookings, please let Sarah or Lisa know as soon as possible. We can not guarantee how long the spaces will be available.

At this stage, spaces will be very limited until the end of the year, or early next year when children leave us to start school. Extra days and swapping days may also be difficult to get, so if you are going away, please let us know in advance as it may free up a space for another family in need.

We will do our best to accommodate what we can and thank you in advance for your understanding if we can't.

For Sale

We have a few tyre swings and rope ladders up for grabs. After our outdoor renovation 2 years ago,

we do not have an area to use these items. If you would like to see any of this equipment, please speak to Lisa or Sarah and make us an offer!



Water Bottles

A reminder that you will need to take your child's bottle home each evening to wash and refill. Don't



forget to return it with your child the next day.