

# Rose Park Community Childcare Newsletter

## Term 4 2022

### AGM

Thank you to everyone that attended our AGM in September - in person, on Zoom or enabled others to vote for you by proxy. We hope you enjoyed hearing the architect's presentation from GGA about the plans we have for the internal renovations. Stay tuned for more information in the coming months.

After the main part of the AGM, the new Board met to decide on their roles and responsibilities for 2022/2023. The roles are as follow:

<b>Nick Thwaites</b>	<b>Chairperson</b>
<b>Rachael Snedden</b>	<b>Deputy Chairperson</b>
<b>Nikki Davies</b>	<b>Secretary</b>
<b>Michaela Banks</b>	<b>Treasurer</b>
<b>Angela Marsh</b>	<b>Ordinary Member</b>
<b>Kyle Thompson</b>	<b>Ordinary Member</b>

### Christmas Closure Period

As previously mentioned the centre will close at 1pm on Friday 23<sup>rd</sup> December and re-open 7:30am on Wednesday 4<sup>th</sup> January. **Fees will not be charged for the closure period.** Please let us know if you are going to be away during the December/January period. On Tuesday the 3<sup>rd</sup> January, educators will be at the Service participating in some professional development and setting up for the year ahead.



### Congratulations to Maddy

We would like to congratulate Maddy and her new husband Riley on their wedding in September.



Many of the staff were with them to celebrate the happy occasion.



## **Availability of spaces for the rest of this year and 2023**

At the moment, we have spaces on Mondays and Fridays for full days and Wednesday afternoons available for permanent bookings. If there are changes to your permanent booking needs for the rest of this year, please let Sarah or Lisa know as soon as possible so that we can plan ahead with our current waiting lists. Remember that we do require 2 weeks' notice to cancel bookings.

Due to the Service being nearly full on most days, we cannot promise that we will be able to offer casual or swap days throughout the rest of the year, so if you know ahead of time that your child will not be in, please let us know so we can do our best to accommodate everyone's needs.

If your childcare requirements are changing in any way for next year, please let us know as soon as possible so we can factor this into our numbers. We have recently emailed families whose children are at kindy age for Term 1 to let us know if their needs will be changing and to the families whose children are starting school in Term 1 to let us know when they will be finishing with us. If you haven't already, please contact us as soon as possible.

If you have recently had a baby or are pregnant, please make sure that you have filled in a waitlist form and returned it to us if you are needing care for your next child next year. We try our best to offer our current families first, but if you do not let us know you need the care, then it makes it tricky for us to squeeze you in with minimal notice. Let us know if you would like a waiting list form emailed to you or printed out.

*thank you*

We have received some lovely feedback/reviews from quite a number of families recently to add to our Facebook page and Website. If you would still like to acknowledge the Service, please email us your feedback/review.

## **Community Library**

As most of you already know, we have a Community Library set up in between the two entrance gates of the Service. We encourage the use of this to expose the children to more literacy. The idea of the Community Library is to 'Take a Book' and 'Give a Book', or alternatively, 'Borrow a Book' and 'Return a Book'.

We have noticed recently that there are not many books in the Library Box. If you have taken a book recently, we ask that you replace it with another book that your child no longer reads at home or bring the book back once you have read it with your child. The box is there for the Service Community to use and we ask that you respect the concept of it. If you have any books at home that your children have gotten too old for, we always welcome donations too.



## **Wet Bags**

As previously advertised, you can order Wet Bags through us via email. They are \$20 each, which can be billed to your account. They come in Bees, Rainbows and an Aboriginal design (see pictures below), patterns are subject to availability.

Each bag is 30cm X 40cm, cotton outer, waterproof liner, clip band to attach to backpack and zipper closure. These are locally handmade.



## **Water Bottles and Nappies**

A reminder that you will need to take your child's bottle home each evening to wash and refill. Don't forget to return it with your child the next day they are in and make sure their name is clearly marked on it.

Just a reminder, we do not supply nappies for the children who require them. Please make sure there are at least 4-5 nappies in your child's bag each day they attend. You can always bring in a bag of nappies for us to store here and use for your child to save you bringing them in each day.

## Immunisation

Thanks to all that continue to forward us your child's Immunisation History Statement after they have had an update of their child's scheduled immunisations.

We are required by law to have up to date records of each child's immunisation status, which can only be in the form of their Immunisation History Statement. You can access this on your MyGov account.

If you fail to do this, you will automatically receive an email from our booking and billing system saying that you have not supplied this to us.

Once you have forwarded it to us, we can enter in the updates.

We keep our own records of who is due, so we may also email individually. If they are not received within a couple of months of when the immunisation is due, your Child Care Subsidy may be suspended until the Statement is entered. Children who are not immunised are **not able** to attend any childcare service, unless they have a legal exemption.

Scheduled immunisations are due at 2, 4, 6, 12 and 18 months of age, then again between 3 and a half years and 4 and a half years of age.

See SA Health website for more details.

<https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/conditions/immunisation/immunisation+programs/childhood+immunisation+program/childhood+immunisation+program>

## Hats and weather appropriate clothing



As per our SunSmart policy, children and educators are required to wear hats and sunscreen from the beginning of August through to the end of April. Please make sure that your child has an appropriate hat at the Service. We ask that hats do not have cords or straps around the neck/chin as this can be a safety hazard.

We supply Cancer Council brand sunscreen at the Service for children to use. If your child needs a different brand due to skin irritations, please bring it in the original container and labelled with your child's name.

We also ask that when the weather warms, please dress your children in clothing that covers their shoulders and backs.

And make sure everything is labelled clearly.



### **Name:**

Maddy

### **Role at RPCC and how long have you worked here:**

Educator in the Under 2's. I've worked here for 3 years.

### **Who lives at your house?**

Myself and my husband Riley.

### **Favourite TV show / movie:**

My favourite movie is Titanic and I love re-watching The Big Bang Theory, Friends and Modern Family.

### **Current favourite Artist/Music:**

Taylor Swift, Galantis, Kygo, The 1975, Imagine Dragons.

### **Likes:**

Scented candles, rainy days, spaghetti, fairy lights, musicals, water colour painting, beach walks and reading.

### **Dislikes:**

Ghost stories, really hot weather, strong coffee, egotistical people, spiders.

### **Favourite part of my job:**

Witnessing children grow and thrive and watching myself grow as an educator too. Also listening to the very hilarious things that children talk about.

### **If I won a million Dollars:**

Buy a fancy house and go on a luxurious holiday.





**Name:**

Lucy

**Role at RPCC and how long have you worked here:**

Casual Educator across all rooms for the last 3 years.

**Who lives at your house?**

My partner Aaron, Dog Clover and Cat Sanji.

**Favourite TV show/movies:**

I don't have any favourites, usually something random for background noise whilst I go on my phone.

**Current favourite Artist:**

No favourites – usually just like whatever is in the Top 50.

**Likes:**

Going outside – taking the dog for a walk, beach, exploring.

**Dislikes:**

Uni – but I am almost done! And being an adult – paying bills!

**Favourite part of my job:**

Acting like a kid and enjoying the small things. Especially making the children laugh.

**If I won a million Dollars:**

I would go and travel and enjoy living life a bit. I would also buy a large block of land and adopt lots of dogs.



**Name:**

Payel

**Role at RPCC and how long have you worked here:**

Permanent Educator working as lunch cover. Working here since May 2019.

**Who lives at your house?**

My Husband Joy, daughter Aanya, my mother and our family dog Indy.

**Favourite TV show / movie:**

Friends, Masterchef Australia, TV shows and movies streaming on Netflix, Amazon Prime and Disney Plus.

**Current favourite Artist/Music:**

Bollywood Music.

**Likes:**

Listening to music, going on long drives, but most importantly spending time with family.

**Dislikes:**

Hypocrisy and misbehaviour.

**Favourite part of my job:**

Playing with the children, getting involved in various activities with the children and interacting with the parents.

**If I won a million Dollars:**

Pay off our mortgage and make saving for our daughter and for our future.



## Educational Leader Reflection

**Name:**

Sarah MG

**Role at RPCC and how long have you worked here:**

Early Childhood Teacher in the Wallabies for just over 6 years.

**Who lives at your house?**

My Mum and Dad, 2 cats, Ringo and Fidget and 2 birds Mini Max the cockatiel and Bruce the Sun Conure.

**Favourite TV show/movies:**

Documentaries and Cooking shows.

**Current favourite Music:**

I like most music, I listen to a mix.

**Likes:**

Traveling, camping, nature, swimming and Scouts.

**Dislikes:**

Snakes.

**Favourite part of my job:**

Watching as the children grow and develop. Investigating and exploring new ideas with them.

**If I won a million Dollars:**

Share with my family, some to charity and have no mortgage.

There have been a lot of transitional movements recently, from home to care and from room to room. This can be a hard adjustment for both families and children. Transitions as we know, are an important part of development, this however doesn't make it any easier. For those of you that have been through the process have experienced firsthand the emotions that it brings, the parental guilt and worry around your child's wellbeing, the "am I doing the right thing?" thought processes. As a mother and educator of 20 plus years (eek) I can assure you, that although transitions are undeniably hard, it does help a child build resilience. Placing your trust in the wonderful educators at RPCC is so important during this time, the majority of RPCC educators are parents and have been through the exact same thing. Take comfort in knowing that each educator works with your child's emotional wellbeing to ensure that they never feel alone, even if they are sad. Children are supported, have their emotions validated and are never dismissed. For as long as they need, children are held and comforted so that attachments are formed, which we know leads to connection and belonging. We pride our practice on communication and having a relationship with families that is honest, even if it is hard to hear that your child has been sad. With time, we observe a child's confidence and security build. Friendships form as social confidence and development builds and, at the end of the day, educators are using all sorts of strategies to get children out of the door. It just takes time.

Exhale, Ky

## Kitchen Manager's Column

Kim our wonderful and talented Kitchen Manager has kindly shared 2 more recipes for you to try at home.

If you ever have any questions about what your child eats here, allergy concerns or another recipe, feel free to pop to the kitchen to see Kim. She is here every day 7:45-1:30pm.

More recipes also feature on our website. We upload each newsletter to the website as well and there are usually a couple of recipes featured each time.

### Crunchies

170gram margarine  
1 ½ Tablespoon maple syrup  
1 ½ cups oats  
1 teaspoon Baking Soda  
½ teaspoon salt  
1 cup coconut  
1 ¼ cups plain flour  
¼ cup brown sugar

Melt margarine, syrup, sugar and salt in a pot. Add baking soda. Combine all other ingredients into a separate bowl. Pour syrup mixture over the dry ingredients. Combine. Press into a prepared baking pan (lined with baking paper).  
Bake at 160C for 10/15 minutes  
Cut into squares while still warm then allow to cool for serving.

### Creamy Chick Pea and Spinach Curry

1 Tablespoon oil  
1 teaspoon Turmeric  
400 ml can coconut milk  
60-gram shredded spinach  
1 onion diced  
1 teaspoon curry powder  
1 teaspoon cumin  
1 teaspoon crushed garlic  
400-gram chick peas, drained and rinsed  
1 tablespoon lemon juice  
Salt to taste

Heat oil in pan and add onion, cook until softened. Add garlic, turmeric, cumin, curry powder. Cook for +/- 30 seconds.  
Add chick peas and coconut milk. Bring to boil and simmer for +/- 10 minutes. Stir in spinach, lemon juice and salt. Cook for 1 minute.  
Serve with Basmati Rice

### Cheddar Cheese Muffins

2 Cups SR flour  
½ cup sugar  
1 teaspoon salt  
1 ½ cup shredded cheese  
1 cup plain yoghurt  
2 eggs – beaten  
¼ cup butter – melted

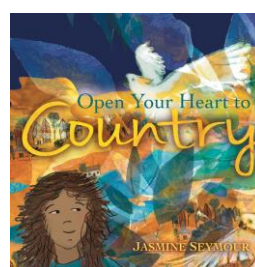
Pre-heat oven to 180C  
Spray oil a 12-cup muffin tray  
Mix flour, sugar to mixing bowl and combine. Add cheese, pour in eggs, yoghurt and butter, whisk until all combined.  
Scoop batter into tray ¾ full and bake until golden and springs back to touch.  
Cool before removing from trays.

***Our Service Cookbook is currently having the finishing touches and will be going to print very soon. More details regarding costing and how to order soon.***

## News from the rooms.....

### Under 2's

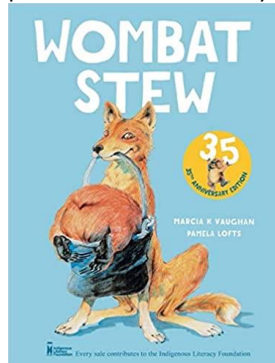
In recent learning, the Under Twos have been looking at creative arts and storytelling through puppetry and the natural world. The children have had a long running group interest with native animals. Educators incorporate the child led interest through all aspects of learning. Offering small world provocations, which engages imagination and language, continuing to learn about Aboriginal perspectives using Kurna language and dreaming, through song and eventually leading into puppetry. We were also blessed with a cultural memory from Ama's childhood. Ama introduced shadow puppetry to the children, in which she used to play when she was living in her home country, Africa  
With the knowledge of the children interests in the Australian native world, for this year's CBCA Book Week, educators focused and explored Jasmine Seymour's text called "Open Your Heart to Country"



with the children. Jasmine was the creator of this year's Book Week poster called "Dreaming with eyes open". In our collection of First Nations stories, we have quite a few of Jasmine's books.



This year it was great to see so many families participating in Book week. Continuing to promote a literacy rich environment.



Emerging from this, the under 2 children were recently “cooking” in the sand kitchen. When invited, educators are involved in the children’s play. As the children added elements of natural resources to their “cake”, we broke into song, referencing a

book that was a childhood favorite “Wombat Stew” by Marcia Vaughan.

This then opened up another opportunity for literacy to be used in a variety of ways, from this, educator’s intentionally plan to incorporate the book into play. Ways in which we explored the book included singing and playing Wombat Stew on the flute and with other instruments, incorporating media as we listened to the story on the iPad, using puppetry by making our own puppet theatre, concocting wombat stew using the ingredients as listed in the story and finally by telling the story using Key word sign, as we recognize that there are many ways in which we can communicate with others.

The process of having one concept and it emerging into so many different areas of learning for the children in our care is evident and embedded. With connection to the children, families and cultures being our core values, we consistently strive to give your child the best whilst in our care. Having a relationship and really knowing your child is crucial to their development and sense of belonging to the service. With so many learning elements offered, that are both individual and group interest focused, educators are able to plan and implement a high-quality learning program for all. ‘

As always, we love to hear your feedback on “how we are doing”. An email is always appreciated. We hope you are as happy as we are. The above is simply a snapshot of all the marvelous learning taking place with your little one 😊

Em, Ky, Masuma, Mads and Ama 😊

## Wallabies



During the past few months, the Wallaby children have been exploring many areas of learning. These have included the children investigating their local community, visiting the playground, checking how

the demolition is going on the big red building, watching the construction across the road, as well as just going for walks in our community.

The children have shared with educators when they see diggers and when they would like to go out for a walk and where to. Where possible the educators facilitate these children's requests.



The children continue to be really interested in dramatic play. They have been exploring the diggers, both in the sandpit as well as the mini diggers. The children have also been having tea parties,

using real ceramic items.



Children transfer knowledge and communicate this with their peers. They have also continued to care for their babies, making meals and rocking them to sleep.

Exploring the science of

bubbles, children have discovered how bubbles can be made both by blowing as well as when you mix soap liquid with water. Children develop this scientific knowledge of cause and effect as well as knowledge of liquids, solids and gasses.

As part of the children's overall development, educators provide children with opportunities to explore and investigate cultures and celebrations. Children develop views of the world and the community they live in. We have explored National Wattle Day, Education Technology Day, International Literacy Day, Save the Koala Month, International Day of Sign Language, International Day of Peace as well as World Gratitude Day. We also had an incursion from Harold the Giraffe.

The children have been investigating their creative expression. The children have been choosing what colours and type of paint they would like to use. The children have also been exploring music and movement, currently their favourite songs and music is Emma Wiggle and Bob the Builder.

The children continue to develop their gross motor skills and verbal communication. Educators continue to support spontaneous learning and investigation.

Just a few reminders - please apply sunscreen to your child in the morning and check that their sunhat fits their head and is clearly labelled. As the weather is warming up, please pack appropriate clothing. If you are happy to take Giggles for a weekend, please speak with Wallaby room educators. Thanks Sarah, Tracey, Vic and Jess.

## Kangaroos

It's great to see that the children in the Kangaroo Room always have ongoing and different interests in their learning. Even though we have a continuation of exploring sandpit play, pretend play and art play, new curiosities and interests have emerged throughout the past term. Tea parties have been one of them, where they've been able to use real teacups to engage and learn the social etiquette of a tea party. They've also learnt important mathematical skills including pouring, measuring, estimating, transferring etc. which has been guided through the use of herbs and spices and water to make tea (Numeracy Indicator 2022). It has even involved trying different types of tea from different cultures (including Aboriginal, Chinese and South African Tea) and having our own afternoon tea party experience.

Continuation of cultural groups is acknowledged as we explore the Mid-Autumn Festival celebrated by some families in the Kangaroo room. The children were able to make their own Moon Cakes out of clay and have a Moon Festival lunch. We had some lovely families bring in some moon cakes for us to celebrate and some of our children even dressed for the occasion. We've also explored different countries through families coming in and sharing books with us in their own language (QA6). We are soon approaching Diwali where the children will learn about the

importance of the Festival and learn about Rangoli Art that will be shared by one of our Educators, Payel. These experiences have allowed the children to understand the importance of different cultural ethnicities and extend on their understanding of the world (outcome 2.1, EYLF).

With the Service supporting the children's love of nature and the outdoors, their interest in finding bugs and insects in our yard has continued. Recently, we've had a few of our Kangaroo children create traps or homes for the insects, even finding ways to catch flies in mid-air or finding tree spiders to put in traps. There have also been opportunities for the children to plant seeds and plants into garden pots, learning about vegetation and the importance of caring for our environment. They have enjoyed seeing their own plants grow.



Harold the Giraffe, from Life Ed came to visit at the end of September to

talk to the children about their emotions and finding strategies that can support their emotional wellbeing and regulation (outcome 3.1 EYLF, QA2).



Just in the past week we have been exploring the book, 'Miimi Marraal, Mother Earth' by Melissa Greenwood who is an Aboriginal artist who creates illustrations in an

abstract way. The children have been learning to draft their work first before painting it and learning what the Aboriginal symbols in her artwork represent. This exploration has emerged into learning about other forms of artists and their artwork.

As we approach the summer months, we encourage that all children bring in a named, broad brimmed hat with no string. We thank the families that have done this for their child already.

Please read the email that was given out to all Kangaroo families from a few months back when you get the chance, as we really appreciate your feedback.

Can't wait for Term 4 to see what new learning emerges from the Kangaroo's interests.

Jacinta, Rachel, Karilyn and Deb