

Rose Park Community Childcare Newsletter

Term 1 2023

Change to the Newsletter

You will notice a slight change to the newsletter this term.

After some reflection, we have decided not to include a column from each room. We feel that the educators share in great detail the children's learning, through the daily learning journey's and we do many posts/stories on our Facebook page each week. Therefore, the 'room columns' are quite repetitive.

If you are on Facebook and haven't already 'liked' our page, please do so. We will continue to include information about our focus on the Quality Improvement Plan (QIP), an update from our Educator Leader (Kylie) and some recipes from Kim our Kitchen Manager, to name a few articles.

Hats and weather appropriate clothing



As per our SunSmart policy, children and educators are required to wear hats and sunscreen from the beginning of August through to the end of April. Please make sure that your child has an appropriate hat at the Service. We ask that hats do not have cords or straps around the neck/chin as this can be a safety hazard.

We supply Cancer Council brand sunscreen at the Service for children to use. If your child needs a different brand due to skin irritations, please bring it in the original container and labelled with a pharmacist label.

We also ask that you please dress your children in clothing that covers their shoulders and backs. Please make sure that everything is labelled clearly.

Availability of spaces

Currently we have spaces on Mondays and Fridays for full days. If you are needing additional days soon or know of a family member or friend that is needing care, please recommend us to them. Word of mouth is sometimes the best way of networking and advertising for us.

If you have recently had a baby or are pregnant, please fill in a waitlist form and return it to us, so that we are aware of your family's needs. We try our best to offer our current families care first, but if you do not let us know you need the care, then it makes it tricky for us to squeeze you in with minimal notice. Let us know if you would like a waiting list form emailed to you or printed out.

Mid-Year Pre-school Intake

Even though we have just started the year, we will need to look at our mid-year numbers in the coming months. If your child is turning four years old between the beginning of May and the end of October, they are eligible to start pre-school/kindergarten in Term 3 this year and then start school in Term 3 2024 (they would then potentially complete six terms of reception).

You will need to contact your local Preschool service to enrol. If you know your child will be changing their booking with us mid-year, could you please let us know so that we can factor in these changes as well as start looking at our waiting list to offer care to new families. As you can imagine, this can be quite a juggling act and the more notice we receive the easier it is for us.

Cook Book and Social & Fundraising Committee

If you haven't purchased one already, please let us know if you would like a copy of the Rose Park Community Cook Book. Great value for **\$15**. It includes many of Kim's, our Kitchen Manger, recipes that the children love, as well as family and educator's home recipes. Please email the office if you would like a copy and we can add the amount to your account.

Thank you to the Social and Fundraising committee who started the idea, Jess who was instrumental in the design and layout and Aimee (one of our previous parents) from Lane Communications who had the books printed.

If you would like to join the Service's Social & Fundraising committee, who plan family events or have new and exciting ideas for fundraising, please email or speak to Sarah or Lisa. Your committee currently consists of Sarah R, Jess, Maddy, Alice, Jacinta and a parent, Sarah S.

Community Library

As most of you already know, we have a Community Library set up in between the two entrance gates of the Service. We encourage the use of this to expose the children to more literacy. The idea of the Community Library is to 'Take a Book' and 'Give a Book', or alternatively, 'Borrow a Book' and 'Return a Book'.



Water Bottles and Nappies

A reminder to please take your child's bottle home each evening to wash and refill. Please don't forget to return it with your child the next day they are in and make sure their name is clearly marked on it.

Just a reminder, we do not supply nappies for the children who require them. Please make sure there are at least 4-5 nappies in your child's bag each day they attend. You can always bring in a bag of nappies for us to store here and use for your child to save you bringing them in each day.

Wet Bags

As previously advertised, you can order wet bags through us via email. They are \$20 each, which can be billed to your account. They come in Bees, Rainbows and an Aboriginal design (see pictures below), patterns are subject to availability.

Each bag is 30cm X 40cm, cotton outer, waterproof liner, clip band to attach to backpack and zipper closure. These are locally handmade.



Immunisation

Thanks to all that continue to forward us your child's Immunisation history statement after they have had an update of their child's scheduled immunisations.

We are required by law to have up to date records of each child's immunisation status, which can only be in the form of their immunisation history statement. You can access this through your MyGov account.

If you fail to do this, you will automatically receive an email from our booking and billing system saying that you have not supplied this to us. Once you have forwarded it to us, we can enter in the updates and you will stop receiving reminder emails.

We keep our own records of who is due when, so we may also email you individually. If they are not received within a couple of months of when the immunisation is due, your Child Care Subsidy may be suspended until the Statement is provided and is entered into the computer system. Children who are not immunised are **not able** to attend any childcare service or kindergarten, unless they have a legal exemption.

Scheduled immunisations are due at 2, 4, 6, 12 and 18 months of age, then again between 3 and a half years and 4 and a half years of age.

See SA Health website for more details.

<https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/conditions/immunisation/immunisation+programs/childhood+immunisation+program/childhood+immunisation+program>

From your Educational Leader.....

The year is off to a flying start at RPCC. The team have already made some amazing reflective changes, are looking deep into practice on the "why's and how's" and are excited about the direction in which we are guiding the Service collectively and collaboratively.

You may be aware that leadership has been working hard on revising the Quality Improvement Plan (QIP) that best suited the flow of our Service. Having completed the QIP (which is never actually "completed" as it is a live document), we have decided to focus on one quality area at a time (Quality Areas are taken from the National Quality Framework, which guides all aspects of early education and care). The team are gathering various types of documentation, which we are representing in "mind map" form, based on program and practice. This ensures that all practices are embedded. Quality Area 1, program and practice has been our first area of focus and I am thrilled to say, that your educators have proudly added to our evidence wall. Feel free to come and have a look. The 'display wall' is outside our staff room, across from the kitchen. Your input into the QIP is so important too, which is why we have placed the QIP board next to the "frog gate", with a documentation book for you and your child to write in. (Alternatively, we would love to receive your thoughts via email, if that is easier.) Hopefully you will also notice the plastic sleeve that we have included outside with the current QIP area that we are representing, for you to view for context.

Recently the Early Years Framework for Australia was revised. With key updates to strengthen Aboriginal and Torres Strait Islander perspectives throughout, link vision and the planning cycle, strengthen ongoing learning and reflective practice, promote collaborative leadership, introduce a new sustainability principle, strengthen partnerships with other professionals, clarify the meaning of "holistic" approaches and include cultural responsiveness, to name a few! Whilst RPCC does many of the above in

current practice, we are lifelong learners who benefit from continuous improvement. The revised framework will challenge our thinking and provide new ways of "doing". Educators will become familiar with increased use through documentation, professional conversation and development.

As Educational Leader, I am blessed to see the Service team bond together, question, discuss, reflect and go deeper. To take out the ego and celebrate each other's skill sets, learning from one another, uplift others and in turn create a non-threatening workplace culture. Doing so only benefits the children. What is evident in our rooms so far this year, is the authenticity behind our Service philosophy. Everybody lives and breathes 'connection'. Whether it be to connect with others, with the environment, with you, the children, through program and practice and the wider community, we all share the same vision. This is evident as every educator, across all rooms, places the children's wellbeing in the highest regard. Ensuring that they feel connected to place, are secure and safe, first emotionally as we recognise that without a sense of belonging, there is no play and learning. Much of our learning is based on this, with fantastic snippets of child led provocations and learning that contribute to the emergent curriculum. Current learning has led us to be scientist, connect to Kaurna Yerta (land) and culture, take risks in play (whittling), navigate emotions with educator support, include rhymes and stories into provocation, celebrate cultural diversity, explore our local community, but most importantly, current learning has encouraged your child to be a confident and capable learner.

Kylie



**Name:**

Tracey

Role at RPCC and how long have you worked here:

Educator in the Wallabies, 5 ½ years.

Who lives at your house?

My partner Paul, cockatiel and canary

Favourite TV show / movie:

Sci-Fi shows and Avatar

Current favourite Artist/Music:

Pink and anything from the 80's and 90's

Likes:

Painting, gardening – growing my own vegetables. Holidaying on the Yorke Peninsula when I get the chance.

Dislikes:

Hot and spicy foods and hot weather

Favourite part of my job:

Watching the children grow and learn new things. Always having a laugh with the children.

If I won a million Dollars:

I would retire and travel around Australia

**Name:**

Alice

Role at RPCC and how long have you worked here:

Educator throughout the Service and I have been here over 5 years.

Favourite TV show/movies:

I like watching the Amazing Race, Race Across the World and Lego Masters. I also enjoy watching building renovation and house hunting shows. Currently I'm watching "Island of Bryan".

Current favourite Artist:

I don't have any favourite albums, artist or band. But every now and then I will listen to 80's and 90's music.

Likes:

I enjoy holidays, especially visiting places around Australia or overseas. I like spending time with my family. Chocolate, steak, seafood, avocados and strawberries are some of the foods I like. I like reading biographies, particularly about people who have visited or come from a third world country.

Dislikes:

Chili, eggplant, zucchini and olives are foods I don't like, and I don't like the colour of my car.

Favourite part of my job:

I enjoy seeing smiles and laughter, watching the children interact with each other in their play. Receiving hugs and hearing (particularly in the U2's) when a child says my name.

If I won a million Dollars:

Not sure, Maybe put it in the bank and decide after I have had a few weeks or months to get over the excitement of winning a million dollars!



Name:
Georgie

Role at RPCC and how long have you worked here:

I'm a casual educator and I have been with the service for 1 year.

Who lives at your house?

My partner Dylan, my friend Adrian and the dog, Peppa.

Favourite movie:

It's hard to pick just one! I really like, all of the Marvel movies though.

Current favourite Artist:

Lewis Capaldi, very excited to see his concert later in the year.

Likes:

Reading, painting and football

Dislikes:

Vegetables (yuck!)

Favourite part of my job:

Getting to watch all of the children learn and grow

If I won a million Dollars:

Buy my mum a house and go on a fancy holiday to a lush beach somewhere.



Name:
Tahira

Role at RPCC and how long have you worked here:

Casual Educator over all the rooms, I've worked here for about 18 months and previous to this I was a student at the Service.

Who lives at your house?

Me, my husband and my 3 girls, aged 12, 7 and 5.

Favourite movies:

Movies based on real life events

Current favourite Music:

Nothing in particular, but I like all songs/music that boost up mood and energy

Likes:

I like true and honest people, spicy food and going out and about with my family.

Favourite part of my job:

Spending time with the children whom I believe resemble angels

If I won a million Dollars:

Firstly, I wish I win! If I win, I would buy a house with a big back yard (so my children can play in the surrounding suburbs. Then buy a convertible car, a holiday house and also spend some money on charity to help people in need.

From your Kitchen Manager.....

Kim our wonderful and talented kitchen manager has kindly shared 2 more recipes for you to try at home.

If you ever have any questions about what your child eats here, allergy concerns or another recipe, feel free to pop to the kitchen to see Kim. She is here every day 7:45-1:30pm.

More recipes also feature on our website. We upload each newsletter to the website as well and there are usually a couple of recipes featured each time.

Quick Dinner Rolls

2 cups flour
1 cup milk
4 tablespoons mayonnaise

Preheat Oven to 175C

Grease muffin pan

In a medium size mixing bowl stir flour, milk and mayonnaise together

Spoon into muffin cups

Bake for 15 minutes in pre-heated oven until nicely puffed and browned.



Oat and Fruit Bars

1 ½ cups rolled oats
1 cup plain flour
¾ cup brown sugar
¼ teaspoon ground cinnamon
85 grams dried apricots finely chopped
85 grams sultanas finely chopped
85 grams dried apple finely chopped
170 grams melted butter
2 teaspoon vanilla essence
½ cup icing sugar for dusting

Pre-heat oven to 180C

Lightly grease and line 23 cm square tin

Combine oats, flour, sugar



and cinnamon

Add dried fruit, butter and vanilla essence,

stirring until dough is crumbly and moist

Press dough into tin and level out

Bake for 30-35 minutes. Allow to cool before cutting into bars and dust with icing sugar.

Yoghurt Bark

2 cups Greek yoghurt
2 tablespoons honey
1 tablespoon cranberries
1 tablespoon raisins

Topping

5 strawberries
chopped

1 tablespoon choc
chips

1 tablespoon
shredded coconut



Mix together yogurt and honey together until combined. Add raisins and cranberries
Line baking tray with foil and pour in mixture on top, spread depending on thickness desired

Sprinkle with strawberries, choc chips and coconut.

Place in freezer for 2-4 hours until completely frozen.

Remove from freezer and break bark into pieces using sharp knife.

Direct Collect

Thank you to those families who have bought in their recyclable cans/bottles/cartons.

Through this system, so far we have donated \$37 to the Sammy D Foundation. Keep bringing in your recyclable donations (anything that has a 10c recovery and once the bin is full it will be forwarded to our chosen charity.

