

Rose Park Community Childcare

Newsletter

Term 2 2023

Environmentally responsible

The National Quality Framework forms the foundation of much of what we do at our childcare Service. Element 3.2.3 focuses on supporting children to become environmentally responsible. The exceeding theme in this Quality Area asks us to also reflect on how the service collaborates with families and/or community partners to engage in sustainable practices within the service and support environmental awareness and responsibility across the service community.

Believing in the importance of this, the Board made this part of their strategic plan. Objective 3.4 of that plan is to promote sustainability to the local and wider community.

One way that we have promoted environmental responsibility is through the recycling of various items and in some cases giving back to the community through that endeavour.

In the over twos yard, we have a blue wheelie bin, where you can bring your cans/bottles/etc worth 10 cents. We go through a company called 'Direct Collect', who picks up the items to recycle. We have then chosen for them to donate whatever money raised from that to the Sammy D Foundation. The **Sammy D Foundation** educates young people on the impacts of bullying, and drug and alcohol fueled violence.



We collect plastic bottle tops for Terracycle. We have a large container in our educator room and are looking at filling that and then Terracycle will collect them to recycle.

We go through various amounts of batteries at the Service and take these to Officeworks or Woolworths, where they will be taken to be recycled appropriately.

We also collect the plastic bread tags. Life FM has been collecting these and then passes them onto a generous recycler in Robe – Transmutation – who recycles the bread tags. Life FM then



receives cash for the donated bread tags and the proceeds are sent to **Bread Tags for Wheelchairs in South Africa**, a group who help adults and children with disabilities obtain much needed wheelchairs. It takes around 200 kg of bread tags to purchase one wheelchair, so every bread tag counts.

If you would like to partner with us in our recycling endeavours, please bring your items to the Service. Also, if you know of any other opportunities for recycling that we may not have heard of, we would love to hear from you.

We also try to upcycle things for the Service. You may notice items scattered throughout. If you have something that you think may work in our setting, please chat to one of the educators. We can't promise we will take everything, but really appreciate you thinking of us.

Currently we are asking you to bring in any old towels that you may no longer want.

Sun Protection and Winter Clothing



As per our SunSmart policy, children and educators are required to wear hats and sunscreen from the beginning of August through to the end of April. So, at the moment we are not required, under policy to wear hats and sunscreen, unless the UV is 3 or above. If you would still prefer your child to wear a hat or sunscreen, please let the educators in their room know and we will encourage this.

At this time of year, even on cold days, the children are still outside enjoying our outdoor environment. Please ensure that your child has a jacket to wear and plenty of changes of clothes in case items get wet and they need changing. If you haven't got a Wet Bag, please see below. These save us in using plastic bags for wet and soiled clothing.

Wet Bags

As previously advertised, you can order wet bags through us via email. They are \$20 each, which can be billed to your account. They come in Bees, Rainbows and an Aboriginal design (see pictures below). Patterns are subject to availability.

Each bag is 30cm X 40cm, cotton outer, waterproof liner, clip band to attach to backpack and zipper closure.

These are locally handmade.



Availability of spaces

Currently we are just about full throughout the week for the coming months, unless you, our current families have any changes to your care coming up. If your care needs are changing, please let us know. Due to us being close to full most days, the ability to swap days or get additional days may be limited, so please let us know if you are going to be away, as this could help another family needing an extra booking.

If you have recently had a baby or are pregnant, please fill in a waitlist form and return it to us, so that we are aware of your family's needs. We try our best to offer our current families care first, but if you do not let us know you need the care, then it makes it tricky for us to squeeze you in with minimal notice. Let us know if you would like a waiting list form emailed to you or printed out.

Cook Book and Social & Fundraising Committee

If you haven't purchased one already, please let us know if you would like a copy of the Rose Park Community Cook Book. Great value for **\$15**. It includes many of Kim's, our Kitchen Manger, recipes that the children love, as well as family and educator's home recipes. Please email the office if you would like a copy and we can add the amount to your account.

Thank you to the Social and Fundraising Committee who started the idea, Jess who was instrumental in the design and layout and Aimee (one of our previous parents) from Lane Communications who had the books printed.

If you would like to join the Service's Social & Fundraising committee, who plan family events or have new and exciting ideas for fundraising, please email or speak to Sarah or Lisa. Your committee currently consists of Sarah R, Jess, Maddy, Alice, Jacinta and a parent, Sarah S.

Community Library

As most of you already know, we have a Community Library set up in between the two entrance gates of the Service, (Close Street side). We encourage the use of this to expose the children to more literacy. The idea of the Community Library is to 'Take a Book' and 'Give a Book', or alternatively, 'Borrow a Book' and 'Return a Book'.



Water Bottles and Nappies

A reminder to please take your child's bottle home each evening to wash and refill. Please don't forget to return it with your child the next day they are in and make sure their name is clearly marked on it.

Just a reminder, we do not supply nappies for the children who require them. Please make sure there are at least 4-5 nappies in your child's bag each day they attend. You can always bring in a bag of nappies for us to store here and use for your child to save you bringing them in each day.

Immunisation

Thanks to all that continue to forward us your child's Immunisation History Statement after they have had an update of their scheduled immunisations.

We are required by law to have up to date records of each child's immunisation status, which can only be in the form of their Immunisation History Statement. You can access this through your MyGov account.

If you fail to do this, you will automatically receive an email from our booking and billing system saying that you have not supplied this to us. Once you have forwarded it to us, we can enter in the updates and you will stop receiving reminder emails.

We keep our own records of who is due when, so we may also email you individually. If they are not received within a couple of months of when the immunisation is due, your Child Care Subsidy may be suspended until the Statement is provided and is entered into our computer system. Children who are not immunised are **not able** to attend any childcare service or kindergarten, unless they have a legal exemption.

Scheduled immunisations are due at 2, 4, 6, 12 and 18 months of age, then again between 3 and a half years and 4 and a half years of age.

See SA Health website for more details.

<https://www.sahealth.sa.gov.au/wps/wcm/connect/public+content/sa+health+internet/conditions/immunisation/immunisation+programs/childhood+immunisation+program/childhood+immunisation+program>

Adult immunisation recommendations include the following:

- Yearly Influenza vaccinations
- A COVID booster.
- When around babies and children, it is also recommended for updates of Pertussis (Whooping Cough, Diphtheria/Tetanus), MMR (Measles, Mumps, Rubella), Varicella (if you haven't had Chicken Pox) and Hepatitis A.

Check your MyGov for your own Immunisation History Statement or speak to your Doctor/Health Professional regarding what you may need to stay healthy.

From your Educational Leader.....



In the Early Year's profession, educators follow a curriculum that supports Early Educator Providers to extend and enrich children's learning, as they journey to the school years. This is known as Belonging, Being and Becoming: The Early Years Learning Framework for Australia, or the EYLF (the letters that you may have heard educators use).

Along with the use of many other guiding documents, the Early Years Learning Framework is used as a means to recognise that the early years of the child's life is vital for continual learning, development and wellbeing. You may have noticed that the language we use in our forms of documentation, frequently contain the language of the Framework with a particular focus on the above.

Recently, Macquarie University, Queensland University of Technology and Edith Cowan University were engaged by ACECQA (The Australian Education and Care Quality Authority) and on behalf of all governments, to assess and update the Early Years Learning Framework. This was implemented through robust discussions and engagement of Early Years professionals and the community. (ACECQA)

It was found that the 5 learning outcomes of the framework that educators previously used, could be expanded upon, strengthened, which resulted in the current updated version.

“ The updates strengthen the connection between the EYLF (V2.0) and the National Quality Standard in areas such as transitions, sustainability, theoretical approaches, critical

reflection, the importance of Aboriginal and Torres Strait Islander ways of being, knowing and doing, and inclusion"

[\(Belonging Being And Becoming V2.0.pdf \(acecqa.gov.au\)\)](#)

That's a lot to process isn't it! So, what does this mean for you and your child/ren's learning?

Briefly, it means that your child will continue to have embedded knowledge of one of the world's oldest continuous cultures and will be knowledgeable of the many cultures in our diverse community. That they recognise their belonging to many communities and are connected to place. This is known as place-based pedagogy, as educators plan the learning based on the land we walk and play on, our backyard.

Your child will continue to learn about sustainability as not only an important concept for the earth's health but become aware of the 7Rs of sustainability: reduce, reuse, recycle, respect, repair, reflect and refuse. This is a topic that has always been held in high regard in our learnings with children, as we continue to learn how we are interconnected with nature.

Transitions are supported as educators continue to foster and strengthen relationships. We identify this as being one of the most important aspects of a care environment. Without a strong foundation of connection, there will be no belonging which impacts learning. Creating a strong foundational relationship with families and communities, helps a child to feel safe, secure and supported. This is evident in everyday practice.

The revised framework has a large focus on wellbeing. This includes the physical, social-emotional and mental wellbeing of children. Educators implement responsive practice and have partaken in professional development sessions, for trauma informed practice. This is to ensure that we are sensitive to those that may have experienced trauma in their life. Trauma informed practice was a crucial addition to the EYLF as educators recognise that a child that may have been exposed to trauma, may have lost their sense

of trust, safety and belonging, educators are able to recognise and support children and families when needed.

There are so many great changes to the revised EYLF, the above is only a touch of what has been strengthened. I could continue to write about all the amazing changes of the principle and practices for young children's learning, however only have a column. If this has sparked curiosity in you, I encourage you to come and have a chat with your educators, perhaps you may want to ask them what their favourite part of the revised curriculum might be. (Keep in mind that this is new, and we are lifelong learners so are continuing to read and grow our knowledge and practice) as the more educators use the language of the Early Years Learning Framework, the better our program and practice will become. There are some pretty cool new words and terminology in the glossary too!

Come, stay, have a chat and let the educators educate you, or even better you may want to engage in further research about the Early Years Framework of Australia. You can download the Belonging, Being and Becoming (V2.0 2022) booklet on the ACECQA website and gain insight to the driver behind your child's early education. Afterall, you are your child's first and most influential teacher and it can only strengthen the partnership we already share.

Happy learning, Ky.

**BELONGING,
BEING &
BECOMING**



The Early Years Learning
Framework for Australia

Version 2.0

**Name:**

Vic

Role at RPCC and how long have you worked here:

Wallaby Room Educator – 3 days per week and have been here for 6 years.

Who lives at your house?

My partner Matt, daughter Chloe and Marty our Labrador.

Favourite TV show / movie:

Love a True Story Film, Comedy films. I don't get much time to watch TV after work and when home with Chloe, it's ABC Kids – Yay for me!

Current favourite Artist/Music:

Ed Sheeran, Pink, anything RnB, Eminem and RAP.

Likes:

Spending time with my family and friends, The beach, swimming, holidays, traveling and Mum's nights out 😊.

Dislikes:

Rain and cold weather, people without manners. Road rage in peak hour traffic. Spiders and snakes.

Favourite part of my job:

Spending time with the children, making attachments and the no filter comments made by children.

If I won a million Dollars:

Help my family, pay off the mortgage, holidays and work less to spend time with Chloe before she starts school in 2 years.

**Name:**

Deb

Role at RPCC and how long have you worked here:

Early Childhood Educator – mainly in the Kangaroos. I've been here 4 years.

Favourite TV show/movies:

Grant, my partner and Mr Turdie 26 year old Turtle (Child).

Favourite TV Show:

Corination Street – daily.

And other Drama, Medical or Biographic shows.

Current favourite Music:

Dance, anything with a decent beat.

Likes:

Chocolate and hanging out with friends.

Dislikes:

Rude drivers, olives and anchovies.

Favourite part of my job:

It changes – at the moment it is watching children master the challenges of their stage of growth. From babies to toddlers, toddlers to children, children to young girls and young boys getting ready for school – and knowing I've helped them. I'm looking forward to the older children going to school, but also not looking forward to it.

If I won a million Dollars:

Spend it and have fun..... You can't take it with you!

**Name:**

Jacinta

Role at RPCC and how long have you worked here:

Early Childhood Teacher in the Kangaroos since 2022, I was also a reliever from 2017-2020 and came back!

Who lives at your house?

Me and my friend Jordy. My guinea pigs Leo and Winston and 2 fish Cosmo and Wanda.

Favourite Movie/TV Show:

Princess Diaries and 10 Things I Hate About You. How I Met Your Mother and Vampire Diaries.

Current favourite Artist:

Spacy Jane, Taylor Swift, Harry Styles, 21 Pilots, Missy Higgins – bits of everything.

Likes:

Wine, reading, singing – a lot, festivals, music, friends, family and nature.

Dislikes:

Cherry tomatoes, the look of wild mushrooms and wind turbines freak me out.

Favourite part of my job:

Learning about the children and connecting with families.

If I won a million Dollars:

Finally, a buy a house 😊 and travel lots.

**Name:**

Kim

Role at RPCC and how long have you worked here:

Kitchen Manager for 18 years.

Who lives at your house?

2 rescue staffies and a husband.

Favourite TV shows:

Farmer Wants A Wife, Animal Planet, MKR, Master Chef and MAFS.

Current favourite Music:

Anything 80's.

Likes:

Honest people, caravanning by the river or the sea. Having all the family together.

Dislikes:

Animal cruelty, superficial people and small talk.

If I won a million Dollars:

Buy an animal sanctuary. Pay off all our debts and my children's debts (boring – I know).

From your Kitchen Manager.....

Kim our wonderful and talented kitchen manager has kindly shared 2 more recipes for you to try at home.

If you ever have any questions about what your child eats here, allergy concerns or another recipe, feel free to pop to the kitchen to see Kim. She is here every day 7:45-1:30pm.

More recipes also feature on our website. We upload each newsletter to the website as well and there are usually a couple of recipes featured each time.

Sweet Potato and Bacon Frittata

1 medium sweet potato – peeled and 2cm diced

4 bacon rashers – rindless

1 onion thinly sliced

2 tablespoon mixed herbs

4 eggs

100grams Greek feta

Boil sweet potato until just tender and drain.

Chop bacon and fry with onion until cooked.

Stir in herbs and sweet potato.

Whisk eggs in a jug and add to pan, sprinkle with feta.

Cook in hot oven 200C for +/- 20 minutes, till golden and set.

Cut into wedges, serve with green salad.



Rice Pudding

3 cups cooked rice.

2 tablespoons apricot jam (optional).

$\frac{3}{4}$ cup milk.

4 eggs.

$\frac{1}{2}$ tablespoon baking powder.

1 teaspoon vanilla essence.

2 tablespoon margarine

$\frac{1}{2}$ cup sugar

Stir all together. Pour into greased oven bowl and bake at 180C until set.

NB. Can replace rice with cooked macaroni.

Mother's Day Raffle

Thanks to those families that donated to our Mother's Day raffle. We were able to put together three baskets.

We are currently selling tickets for \$2 each. You can email the Service letting us know how many tickets you would like to purchase, and we can add it to your account. Good luck!



Special Persons Afternoon Tea

We look forward to seeing those and celebrating those that have RSVP'd to our afternoon tea on Friday 12th May. We have let parents know previously that we will be doing 'gifting' a bit differently for Mother's Day, Father's Day and Christmas. If you are new to the Service and would like to see our document focusing on our reflections, let us know and we can forward this to you. Instead of the children making something, we as a Service want to say thank you to the special people in the children's lives. All families are made up differently, so we like to focus on anyone that the child may consider special e.g. mothers, fathers, grandparents, god parents, friends. Thank you for the way that you all contribute to your little one's lives.

